

PLEASE REGISTER ON SCHEDULED REGISTRATION DATE TO ENSURE AVAILABILITY OF PREFERRED DAYS.

Name of Skater _____
 Date of Birth _____
 Address _____
 City _____ Postal Code _____
 Phone _____ email _____
 Home Club _____ Skate Canada # _____

(please circle your choice):

<u>OCT. - DEC.</u>			<u>JAN. - MAR.</u>		
5 - 7yrs	Tues	Thur.	5 - 7yrs	Tues.	Thur.
8 & up	Tues.	Thur.	8 & up	Tues.	Thur.

Adult PowerSkate :

OCT. - DEC.

JAN. - MAR.

I the undersigned, understand that the South Windsor Skating Club, its coaches, Board Members and designates are not responsible for injuries incurred while the above member is participating in any club activity.

FULL HOCKEY GEAR IS REQUIRED FOR THESE PROGRAMS!

I the undersigned, give the SWSC permission to photograph/video my child while participating in one of our programs for promotional or educational purposes:

Signature: _____

Registration Fee	\$ _____
Less Family Discount	\$ _____
TOTAL	\$ _____

Cash	\$ _____	Balance Owing	_____
Cheque	\$ # _____	\$ #	\$ # _____

Please make Cheques payable to: S.W.S.C.

Payment Option I - payment in full, Payment Option II - payment at registration of at least 50% and a cheque for the balance post-dated Oct. 1.

POWERSKATE

\$285 for 10 weeks or \$530 for 20 weeks

5 - 7yrs		8yrs & up	
Tuesday	6:00 - 6:55	Tuesday	7:05 - 8:00
Oct. 3-Dec. 12	Jan. 9-Mar. 20	Oct. 3-Dec. 12,	Jan. 9-Mar.20
Thursday	6:05 - 7:00	Thursday	7:10 - 8:05
Oct. 5-Dec. 7,	Jan. 11-Mar.22	Oct. 5-Dec. 7,	Jan. 11-Mar. 22

NO SESSIONS October 31, and DURING MARCH BREAK.

ADULT POWERSKATE & HOCKEY SKILLS

*\$335 for 10 weeks or \$635 for 20 week
 20% discount for parents of skater enrolled in a program*

Oct. 3 - Dec. 12	Jan. 9 - Mar. 20
Tuesday Evenings	8:10 - 9:15

NO SESSION October 31 and DURING MARCH BREAK.

Full hockey gear is required for these programs

South Windsor Skating Club

2017/2018 Fall/Winter PowerSkate Programs Official Receipt

Name of Skater _____

Name of Parent or Guardian _____

Session Registered for _____

Date _____ Amount _____

Official's Signature _____

Welcome

The South Windsor Skating Club is offering
Fall/Winter PowerSkating Programs at
South Windsor Recreation Complex.

The objective of the program is to train the skater in the proper
technique to develop maximum speed,
balance, and agility.

The exercises are designed to teach the skating skills that are
required for all of the situations that occur in
the game of hockey.

These drills will help to make a complete
skater and player by:

DEVELOPING AND IMPROVING

- | | |
|-------------------|------------------------------------|
| - Balance | - Edge Quality |
| - Power | - Stopping |
| - Agility | - Quick Starts |
| - Speed | - Tight Turns |
| - Endurance | - Power Turns |
| | - Cross – Overs (Forward and Back) |

For more information visit our website www.swskatingclub.ca or call :
Dan 519-965-5447, Maria 519-995-6609, or David 519-255-9063



SKATE Ontario Promotional Contest-

In an effort to help keep your registration costs
down, we will be selling Skate Ontario Promotional
tickets as a fundraiser. The booklets are \$40 each,
\$22/book will be redirected back to the club.
Skate Ontario will receive \$18/book.

The tickets are ***only \$2 each!!!!***

Prizes will be drawn at the Skate Ontario
Championships in March.

- (1) **First Prize:** 2018 Ford Mustang (est. value \$35,000)
- (2) **Second Prize:** \$5000 Home Entertainment Package
- (3) **Third Prize:** #3,500 Travel Certificate
- (4) **Fourth Prizes:** 5 prizes of Apple MacBook Air 13” with computer bag
- (5) **Fifth Prizes:** 5 prizes of Apple iPad Mini with Retina 16GB WiFi

PLEASE SUPPORT US BY PURCHASING A BOOKLET OR TICKET

SOUTH WINDSOR SKATING CLUB



2017/2018 Fall/Winter POWERSKATE PROGRAMS

By: David Beatty & Dan Pettypiece



At South Windsor Recreation Complex

Registration
SUNDAY, SEPTEMBER 10 FROM 3- 5 p.m.

At the South Windsor Complex