

# South Windsor Skating Club

Capri Pizzeria Recreation Complex 2555 Pulford Street, Windsor Ontario Mailing address: P.O. Box 23039, Devonshire Mall, 3100 Howard Ave., Windsor Ontario N8X 3Y8 www.swskatingclub.ca | email: southwindsorscinfo@gmail.com

#### Dear Skating Families:

Sept. 2020

The South Windsor Skating Club Board of Directors thanks you for your participation in our club programs and welcomes you to our 2020/2021 Fall and Winter 50th Anniversary skating season, from **Wednesday**, **September 9**, **2020** to **Friday**, **March 26**, **2021**.

#### **REGISTRATION**

Due to COVID-19, there are changes to the Registration process.

- Registration for all programs will be completed using our website and Uplifter this year.
- There will be no in-person registration and you WILL NOT be able to register on the first day of the program.
- Registration instructions for each program will be posted on our website <u>www.swskatingclub.ca</u>.
- All forms (Registration, COVID-19 Skate Ontario Waiver form, Rowan's Law Acknowledgement) must be completed in full using Uplifter for a registration to be complete.
- Registration fees will be paid by credit card.

There will be some schedule adjustments, and our programs will not be running at full capacity this year. If you are late or miss your session, no refund or makeup session will be provided.

The City of Windsor will be requiring every person entering an arena facility to pass a daily health screening. There will be special directions for entering, exiting, and using the facility this year. These directions will be posted on our website as soon as they become available. Skaters who are late for their session will not be allowed in the building.

Skate Ontario will also require every skater, coach and parent entering the building to complete and hand in the Skate Ontario health screening to a club volunteer. Please note that only 1 parent can accompany their child into the building and no siblings will be allowed in the building.

#### Professional Coaches

Club Professional Coaches are available for private lessons. Contact coaches directly. A coach must be retained for the STARSkate level. More information about our coaches is available on our website at *www.swskatingclub.ca.* 

#### STARSkate Technical Coordinators Marlena Kovacevich & Lori Lafferty-Vilneff

# CANSkate CoordinatorPOWERSkate CoordinatorKaren AdamLori Corriveau

#### **CLUB PROFESSIONAL COACHES**

Karen Adam	519-996-1541	Melinda Keller	519-564-2513
Joelle Batten	519-350-8428	Kassandra Korcsog	519-890-2870
Lori Corriveau	519-350-2333	Marlena Kovacevich	519-819-8530
Stacie Diemer	519-996-7049	Lori Lafferty-Vilneff	519-977-2760
Elizabeth Elliott	519-965-1818	Amanda MacNeil	226-348-7686
Kristi Ellis	226-787-2757	Kristen Moerchen	226-246-2626
Summer Ellis	519-981-4919	Jody St. Louis Byrne	519-776-8561
Sarah Fox	519-816-9790	Patti Strange	519-969-4817
Samantha Gignac	519-965-0090	Stephanie Woodiwiss	519-564-5586
Victoria Kaludjer	519-981-4877		

We are very proud of our club, its programs and our coaching staff and wish you all a successful and healthy season.

Sincerely, Board of Directors S.W.S.C.

## Board of Directors

Nicole Chevalier	Kelly Dunwoody	Dorothy Lan	Christine Morton	Paul van Heugten
Michelle Collins	Fouada Hamzeh	Maria MacNeil	Michelle Patey	Alice Wong
Katie Crosby	Marisa Gignac			

## FALL - WINTER SEASON ICE SCHEDULE 2020/2021 and Pricing

Schedules will be posted on our website as soon as they are available.

Weekly ice schedules will be posted in the display case in Rink A.

Check our website for any changes in schedule or important club information.

Sign up for the Remind App to get instant updates. Information is posted in the display case in Rink A.

All program pricing will be released on our website as soon as the ice schedule is completed.

CSA APPROVED HOCKEY HELMETS MUST BE WORN for the following programs:			
PRE-CANSkate	Due to COVID-19 NO PRE-CANSkate will be offered this year.		
CANSkate	Due to COVID-19 NO Beginner CANSKate will be offered this year.		
CANSkate Stage 2 - 6	A group instruction program for returning skaters working on STAGES 2, 3, 4, 5, and 6 badges. Skaters must be able to skate on their own and get up on their own.		
ADULT Skate	Due to COVID-19 NO ADULT Skate will be offered this year.		
POWERSkate	A program for hockey players age 5 and up designed to develop proper technique for maximum speed, balance and agility. Skaters must have basic forward, backward and stopping skills. Full hockey gear must be worn.		
ADULT POWERSkate	Due to COVID-19 NO ADULT POWERSkate will be offered this year.		

#### HOCKEY HELMET POLICY - SKATE CANADA



All CSA certified helmets have a sticker indicating their certification. The CSA approved logo will be found on the back of the hockey helmet affixed to the outer shell of the helmet. The seal will indicate the expiry date. Face masks are not mandatory; however, they are strongly recommended as young skaters may benefit from the added protection. Bicycle helmets are **NOT** permitted.

#### How should the hockey helmet fit?

- A hockey helmet should fit snugly to prevent any shifting and maximize protection. Make sure the chinstrap can be adjusted so it gently makes contact under the chin when fastened.
- For an adjustable helmet, open it to the largest setting and gradually begin to downsize the helmet until a comfortably snug fit is achieved. The helmet should rest on the head so that the rim is one finger width above the eyebrow and making contact with the top of your head.

#### **GUIDELINES FOR CLOTHING AND SKATES**

- Skates should fit properly with good support, be laced correctly and sharpened every 20-25 hours of uses, to help the skater maintain control on the ice. Velcro skates and plastic molded skates are <u>not</u> recommended.
- Dress appropriately wear gloves/mittens and avoid scarves, overly bulky snowsuits, or hair in the face as this may restrict movement and vision.