



# South Windsor Skating Club

Capri Pizzeria Recreation Complex - 2555 Pulford Street, Windsor, Ontario  
Mailing address: P.O. Box 23039, Devonshire Mall, 3100 Howard Ave., Windsor, Ontario N8X 3Y8  
[www.swskatingclub.ca](http://www.swskatingclub.ca) | email: [southwindsorscinfo@gmail.com](mailto:southwindsorscinfo@gmail.com)

Dear Skating Families:

Sept. 2021

The South Windsor Skating Club Board of Directors thanks you for your participation in our club programs and welcomes you to our 2021/2022 Fall and Winter "51<sup>st</sup> Anniversary" skating season, from **Wednesday, September 8, 2021 to Friday, March 25, 2022.**

## REGISTRATION

Due to COVID-19, we have made some changes to the registration process.

- Registration for all programs will be completed using Uplifter on our website [www.swskatingclub.ca](http://www.swskatingclub.ca)
- Registration instructions for each program will be posted on our website [www.swskatingclub.ca](http://www.swskatingclub.ca)
- There will be no in-person registration and you WILL NOT be able to register on the first day of the program.
- All forms (Registration, COVID-19 Skate Ontario Waiver form, Rowan's Law Acknowledgement) need to be completed in full, through Uplifter, to complete the registration process.
- Registration fees will be paid by credit card.

The City of Windsor will be requiring every person entering an arena facility to pass a daily health screening. There will be special directions for entering, exiting, and using the facility this year. These directions will be posted on our website as soon as they become available.

The daily health screening can be found on our website [www.swskatingclub.ca](http://www.swskatingclub.ca) and must be completed on the day of your skating session. Please note that only 1 parent can accompany their child into the building.

## Professional Coaches

For private lessons, please directly contact our Club Professional Coaches. A coach must be retained for the STARSkate level. More information about our coaches is available on our website at [www.swskatingclub.ca](http://www.swskatingclub.ca).

<b><u>STARSkate Technical Coordinators</u></b> Marlena Kovacevich & Lori Lafferty-Vilneff	<b><u>CANSkate Coordinator</u></b> Karen Adam	<b><u>POWERSkate Coordinator</u></b> Lori Corriveau (on leave) Heather Drouillard
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## CLUB PROFESSIONAL COACHES

Karen Adam	Victoria Kaludjer
Lori Corriveau	Melinda Keller
Stacie Diemer	Marlena Kovacevich
Kristi Ellis	Lori Lafferty-Vilneff
Summer Ellis	Jody St. Louis Byrne
Sarah Fox	Patti Strange
Samantha Gignac	

Coaches contact information can be found on our website.

We are very proud of our club, its programs and our coaching staff and wish you all a successful and healthy season.

Sincerely, Board of Directors S.W.S.C.

## Board of Directors

Fang Chen	Katie Crosby	Fouada Hamzeh	Christine Morton
Nicole Chevalier	Kelly Dunwoody	Dorothy Lan	Michelle Patey
Michelle Collins	Marisa Gignac	Maria MacNeil	Paul van Heugten

## FALL - WINTER SEASON ICE SCHEDULE 2021/2022 and Pricing

Schedules will be posted on our website.

Weekly ice schedules will be posted in the display case in Rink A.

Check our website for any changes in schedules and important club information.

Sign up for the Remind App to get instant updates. Information is posted in the display case in Rink A.

All program pricing will be released on our website.

<b>CSA APPROVED HOCKEY HELMETS MUST BE WORN</b> for the following programs:	
PRE-CANSkate	Beginner skaters age 3 - 4.
CANSkate	Beginner skaters age 5 - 7.
CANSkate Stage 2-6	A group instruction program for returning skaters working on STAGES 2, 3, 4, 5, and 6 badges. Skaters must be able to skate on their own and get up on their own.
ADULTSkate	Learn to skate program for adults and returning adult skaters.
CANPOWERSkate	A program for hockey players, ages 5 and up, designed to develop proper techniques for maximum speed, balance and agility. Skaters must have basic forward, backward and stopping skills. Full hockey gear must be worn.
ADULT POWERSkate	A program for adults designed to develop proper techniques for maximum speed, balance and agility. Skaters must have basic forward, backward and stopping skills. Full hockey gear must be worn.

### HOCKEY HELMET POLICY - SKATE CANADA



All CSA certified helmets have a sticker indicating their certification. The CSA approved logo will be found on the back of the hockey helmet affixed to the outer shell of the helmet. The seal will indicate the expiry date. Face masks are not mandatory; however, they are strongly recommended as young skaters may benefit from the added protection. Bicycle helmets are **NOT** permitted.

#### **How should the hockey helmet fit?**

- A hockey helmet should fit snugly to prevent any shifting and maximize protection. Make sure the chinstrap can be adjusted so it gently makes contact under the chin when fastened.
- For an adjustable helmet, open it to the largest setting and gradually begin to downsize the helmet until a comfortably snug fit is achieved. The helmet should rest on the head so that the rim is one finger width above the eyebrow and making contact with the top of your head.

#### **GUIDELINES FOR CLOTHING AND SKATES**

- Skates should fit properly with good support, be laced correctly and sharpened every 20-25 hours of use, to help the skater maintain control on the ice. Velcro skates and plastic moulded skates are not recommended.
- Dress appropriately – wear gloves/mittens and avoid scarves, overly bulky snowsuits, or hair in the face as this may restrict movement and vision.