



## **South Windsor Skating Club**

### **South Windsor Skating Club Fall/Winter 2023-24 Schedule Announcement** **All Program will run at Capri Recreation Complex**

#### **Sunday Rink A**

3:15-3:25 Flood

3:25-3:55 PreCanSkate (Age 3&4 beginners)

3:55-4:45 CanSkate A (Age 5 & up beginners, returning level 1 & 2)

4:45-4:55 Flood

4:55-5:50 CanSkate B (Age 5 & up beginners, returning level 1 & 2)

5:50-6:45 CanSkate C (Returning level 3-6)

6:45-6:55 Flood

6:55-7:50 Star 1-3

7:50-8:45 Star 4-Gold

#### **Monday Rink B**

4:00-4:10 Flood

4:10-5:20 Star 5-Gold

5:20-6:00 Enriched CanSkate (Returning level 5 & 6 by coach recommendation)

5:30-6:00 PreCanSkate (Age 3&4 beginners)

#### **Monday Rink A**

5:15-5:25 Flood

5:25-6:15 CanSkate (Age 5 & up beginners, returning level 1-6)

6:15-6:25 Flood

6:25-7:45 Star 4-6

7:45-7:55 Flood

7:55-9:15 Star 7-Gold

#### **Tuesday Rink A**

4:15-4:25 Flood

4:25-5:45 Star 5-Gold

5:45-5:55 Flood

5:55-6:45 Star 1-3

6:45-7:45 Star 4-6

7:45-7:55 Flood

7:55-8:45 Star 7-Gold

### **Tuesday Off-Ice**

5:15-5:45 Star 1-3

6:00-6:30 Star 4-Gold

### **Wednesday Rink A**

4:15-4:25 Flood

4:25-5:25 Star 7-Gold

5:25-6:15 Star 4-Gold

6:15-6:25 Flood

6:25-7:15 CanPowerSkate Age 6, 7 & 8

7:15-7:25 Flood

7:25-8:15 CanPowerSkate Age 9 & up

8:15-8:25 Flood

8:25-9:15 Teen & Adult Learn to Skate

### **Thursday Rink A**

4:15-4:25 Flood

4:25-5:45 Star 7-Gold

5:45-5:55 Flood

5:55-6:45 Star 1-3

6:45-6:55 Flood

6:55-8:15 Star 4-6

8:15-8:25 Flood

8:25-9:15 Teen & Adult Learn to Skate

### **Thursday Off-Ice**

5:15-5:45 Star 1-3

6:00-6:30 Star 4-Gold

### **Friday Rink B**

4:00-4:10 Flood

4:10-5:30 Star 6-Gold

5:30-5:40 Flood

5:40-6:30 Star 1-5